

# Chat Etiquette for XR Group Chats

Here are a few Chat Etiquette Guidelines that are being used in XR Group Chats whether on Signal, Telegram or WhatsApp:

- Welcome newcomers!
  - Please follow XR's principles & values: <https://extinctionrebellion.uk/the-truth/about-us/>
  - Avoid swearing
  - Ideally keep discussion between 7am and 11pm
  - Answer questions and make sure people feel heard
  - Post off-topic messages in a more suitable channel
  - If people leave the chat in response to a post, this is a sign of overheating - slow down, pause and reflect
  - Take two-way conversations out of the chat. Don't send unsolicited messages. Harassment will not be tolerated.
  - Send a longer message over lots of separate ones; people then have the chance to opt in to read more.
  - Avoid encouraging anyone to vote or not vote for a political party.
  - Don't attribute info from this chat elsewhere, like quoting from it publicly and naming the originator.
  - Avoid posting sensitive action info which can later be used as evidence
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