

Actions & Reports

Have you an interesting idea for an action? Can your Group report an unusual action?
Tell us here!

Please create a page in here outlining what it could be, or how it went, or both!
Give rebel visitors here the chance to reflect on your ideas and your experience and learn from it.

Tell us what might delay putting an action into effect.
Tell us what went well and what could have been better.

For guidance check out the "Contributing to this Resource" page of the Help Section.

- [Our Childrens Future](#)
- [Access & Inclusion Checklist](#)
- [Regenerative Action Cycle](#)
- [How to Get Your Event onto:](#)

Our Childrens Future

Our Childrens Future - Pram Rebellion

Low risk, high impact visual action that can be done at local group level or by individual rebels.

[p-one.jpg](#)

What?

Paint a pram or buggy white (or another colour), put a printed message in it, lock it and leave it in a town, or where there is high footfall. If it isn't removed by the authorities, retrieve it at a later time/day. Designed to pique the general public's inquisitive mind. Please join the telegram chat for the Pram Rebellion - Children's Futures, for any updates, support, tips and a place you can ask questions. There may also be the opportunity for 'borrowing' ready prepared prams\buggies. Please jump on the chat below, to ask if there's one near you.

<https://t.me/joinchat/OY2s2VUr11szohODo96w6w>

When?

Whenever you like! Anytime between now and 26th March 2021, as the Climate Ecological Emergency Bill will have its second reading in Parliament on 26th March.

Where?

The buggies seem to be tolerated if left in a place for 2 or maybe 3 days, then you could always find another location to move your artwork to. Experience has shown they tend to be removed pretty quickly if situated in a shopping centre (private land), so maybe try somewhere on public land. Some buggies got media attention when they were locked in places children go - play areas\schools. These are just suggestions - you can place your artwork wherever you like.

Why?

This is a hard hitting action, designed to touch people's hearts and engage their emotions. Children are already dying from pollution/Climate Emergency. More children will die if we continue this current trajectory. We, XR, have a moral duty to TELL THE TRUTH. We criticise the Govt and the media for not telling the truth. We will not be liked for it and we may hurt some people by telling it.

This is a difficult truth to tell. It still needs to be told. We'd like to use this action to encourage the general public to put pressure on their MPs by emailing them to back the Climate & Ecological Emergency Bill. For more info on that, please visit www.ceebill.uk

Issue

We have fully considered valuable feedback from Action Circle, XR Families, XR Southampton, M&M, Arts teams & other individuals, including from Rebels who have personally experienced child bereavement. We have changed elements of this action as a result of acknowledging that people who have experienced child bereavement may have their trauma triggered by the sight of a mysterious pram. We are truly sorry to trigger anyone's pain. By carrying out this action, we are trying to avoid other families suffering the same tragic experience.

The How To...

Find a pram, buggy or even car seat. Cheapest method, find an abandoned one (XR Woking found 3), or freecycle. Charity shops or eBay for those with slightly deeper pockets. Prams look best but are more expensive than buggies. You may get the Pram back after the action, but assume you won't. Get rid of any accessories or straps that don't need to be kept, less to paint. We would suggest not adding any soft toys to the pram\buggy.

Painting:

We believe painting your pram\buggy a white colour may look the most impactful, as it looks quite mysterious. But you are autonomous, so you can paint it any colour you like. Bright, shocking pink is also a good choice.

Important note: Perfection is the enemy of done. Yeah you could rub it all down with wet and dry paper to provide a good key for the primer. Yeah you could use masking tape to mask off each individual component. Or you could just get the job done. Can of aerosol white plastic primer on the plastic bits, can of (usually light grey) aerosol etch primer on the metal parts. When dry, spray them again if not white with any white aerosol paint (I had some old appliance gloss white, and also some leftover white primer). Feel free to go over the edges. Worry not about drips and runs. It's not an art competition. Cloth parts you paint with a brush - I used some matt vinyl emulsion I had left over, and also some outdoor white primer/undercoat. Will last long enough.

Messaging:

This action can be used for many different messages, ideally where there is a link to children's health and the climate and ecological emergency, eg fossil fuel or incinerator pollution.

You may find this Daily Mail (sorry!) article linking children's health with pollution helpful:

<https://www.dailymail.co.uk/health/article-7507773/Children-living-polluted-parts-country-50-cent-chance-dying-early.html>

We would love to put pressure on MPs to 'Back the Climate & Ecological Emergency Bill'. Let's make it really easy for members of the public to email their MP, by using a QR code they can scan which has a pre prepared email all ready for them to send. It's surprisingly straight forward to do - honest! You can choose to use either of the following texts, or you can adapt it/make your own, to be more specific to your location. You can choose whether to put the XR logo on, or not.



Message Option 1

MORE THAN 90% OF THE WORLD'S CHILDREN BREATHE TOXIC AIR EVERY DAY (i)

ASK YOUR MP XXXXXXXXXXXX TO SUPPORT THE CLIMATE AND ECOLOGICAL EMERGENCY BILL SCAN CODE ON SMART PHONE TO SEND THEM AN E MAIL (put QR code here) OR USE:

XXXXXXXXXX.MP@PARLIAMENT.UK (find your local MP's email address at

www.theyworkforyou.com

#OurChildrensFuture

#PramRebellion

#CEEBill

#AirPollution

XR LOGO - you can use a sticker.

If you have been affected by this installation, please contact www.childbereavementuk.org

(i) WORLD HEALTH ORGANISATION REPORT 2018

Or Message Option 2

'THE CLIMATE AND ECOLOGICAL EMERGENCY (CEE)

WHAT'S REALLY AT STAKE HERE?

SCAN THE QR CODE TO EMAIL YOUR MP TO BACK THE CEE BILL.

2050 UK NET ZERO IS TOO LATE!

#PramRebellion

#CEEBill

#OurChildrensFuture

#AirPollution XR LOGO - you can use a sticker

If you have been affected by this installation, please contact www.childbereavementuk.org



I pulled some useful dry hardboard out of a skip to make the surface for the messaging. Won't last forever outdoors, but easy to cut and drill. You could use any scrap plywood, mdf, plastic or even cardboard. Paint it. Black looks best for prams, white best for buggies and car seats. I used vinyl lettering, takes forever. Won't do that again. Handwritten is fine (black permanent marker, or a white paint pen), or a fine paintbrush or spray stencil. Stickers can provide XR logo. I printed the QR code and secured it under some clear reinforced tape (recommend a test first to ensure it works fine). You could also laminate it and glue or tape it on. I then sprayed some matt varnish over the lettering to give it some rain protection.

[p-two.jpg](#)

Fix the messaging board into the pram or buggy by drilling some holes and attaching with white or clear cable ties. Or you can print on a piece of A4 paper, laminate it & glue it or staple it to the pram. You can get an e mail ready QR code here (it's surprisingly easy!):

<https://www.qr-code-generator.com/solutions/email-qr-code/>

You can find your MP's contact details here

<https://www.writetothem.com/>

[p-three.jpg](#)

You need a bike lock to secure the pram in the target location. I'm using one of these (cheap, but can be easily cut with bolt cutters). You could also use a chain and padlock, or a D lock.

[p-four2.jpg](#)

I have also attached a "public artwork" laminated disclaimer, which I will add a date to and photograph once the pram is sited. My reasoning is it makes it clear that my intention was not dumping rubbish, in the unlikely event of being identified and a potential flytipping prosecution.

[p-five.jpg](#)

Social Media

Post pictures of your prams in their locations on social media channels. Include your messaging in the text, along with any relevant hash tags to your messaging (eg #CEEBill). Share other groups and rebels posts and help amplify their messages. Please also send your pics to

XRSouthEastmedia@gmail.com as we'd love to see your handiwork!

Legal

Technically, as someone would have to be paid to cut the lock and remove the pram, it could be Criminal Damage. Or possibly some sort of Obstruction Of Highway, depending on location. The authorities would obviously need to identify the perpetrator (CCTV footage of it being removed from vehicle, for example).

Here is the full legal briefing on Criminal Damage:

<https://informedissent.info/criminal-damage-theft>

Here is the full legal briefing on Obstruction Of The Highway

<https://informedissent.info/obstruction-of-the-highway>

There is a risk. The risk is low, it is up to you to be fully informed and decide whether or not you want to take that risk by doing this action.

Action Location:

It's recommended to place it somewhere which has high footfall - near shops, supermarkets, town centres, etc. We'd also recommend siting them near a light source, so passers by can read them after dark - they also look really mysterious in the dark, partially lit by street lights\lit buildings, etc.

After the action:

If your pram is still there the following week, lucky you. Simply re-site at a different location. Or walk around with it on an action. Add some solar fairy lights. Take it for a walk to Parliament. The only limit is your imagination.

Please e mail us and let us know which location you are doing the action. Please e mail us pictures/videos to share on social media and to make into a video.

Action_SE@protonmail.com

Thank you. Love & CouRage,

South East Actions Circle

Access & Inclusion Checklist

Before You Start

- Is everybody in the discussion aware of Extinction Rebellion's '[Principles and Values](#)'?
- Is there a wide array of disabled voices in the discussion space, reflecting the diversity of the movement?
- Is there sufficient time in the planning agenda for specifically hearing those voices?
- Have you remembered that some disabilities are hidden and should still be heard?

Please use these guidelines [DIVERSITY AND INCLUSIVITY AT ACTIONS](#) when designing an action to ensure you've taken accessibility and inclusion into consideration at the inception stage?

Further information on Accessibility and Inclusivity can be found [HERE](#)

Actions

Transport to the Site

- If you're arranging group transport to the venue, is the transport accessible to all members of the group?
- Is there accessible parking sufficiently close to the venue?

The Site

- Is the site on one level or does the site have ramp or lift access?
- Is the ground even?
- Have you made rebels aware of the ground quality such as surface type, quality, wetness.
- Do you have a safety plan that includes evacuation and care for disabled rebels?
- Have you made the doorway width known to rebels before the event date?
- Is there sufficient seating?
- Is the layout of the space reconfigurable to allow the free movement of those with mobility impairments?
- Is the layout of any staging or speaking area visible by those in wheelchairs?
- Can you designate spaces at the front of a crowd for those who need to sit?
- Is the lighting bright and even to accommodate people with visual impairments?
- Are there accessible toilets for all genders? Consider hand rails, safety alarms, turning space, lights within reach.
- Is the site accommodating to service animals?
- Do you need to go scent free?
- Are there quiet spaces that rebels can access?
- Do you need access officers on site? Are they clearly identifiable?

Communication

- Have you considered how you will deliver materials to those with visual and/or auditory impairments?
- Is a BSL or other sign language translator required?
- Is a public address (PA) system necessary?
- Are microphones available for all speakers?

Civil Disobedience and Direct Actions

- Is there direct involvement of disabled rebels in action planning?
- Are everyone's needs met in the discussion?
- Are there safety concerns that need to be recognised and planned for? State actors such as the MET police have been shown to act with malice toward disabled rebels.
- Are you aware of any intersectionality that needs to be considered? For example, BAME, disabled rebels are at risk of violence.
- Can an inaccessible action be adapted?
- If not, are there other options available that are similar and as non-exclusive as possible? Do the other options still value a rebel's commitment to civil disobedience? Do the other options satisfy the needs of the people involved? Is it equally social, regenerative, disruptive?
- Is Arrestee support aware of disabled rebels engaging in civil disobedience and direct action?

Feedback

- Are you prepared to receive feedback emotionally?
- Have you got a method for feedback to be collected and stored?
- Have you got a system in place to review the feedback?
- How are you going to act on the feedback?
- Have you shared the feedback on the Rebel Toolkit?

For more detailed information on inclusivity please check out the [We are Everyone](#) resource. And for further advice you can reach out to the Disabled Rebels Network either on [Facebook](#) or by Email at xr.inclusion@protonmail.com

[Disability Access Training | Disabled Rebels Network |](#)

[June 2023](#)

Regenerative Action Cycle

[Regen-Action-Cycle.jpg](#)

[Regenerative Action Cycle](#)

How to Get Your Event onto:

Rebellion Broadcast [RB]

- [View posts on Telegram](#)
- [View posts on Mattermost](#)
- [Request Posts on the RB](#)

Before requesting posts on the RB, **please read:**

- [Rebellion Broadcast Process 2022](#)
- [Style Guide](#)
- [Movement of Movements message protocol](#)

Movement Broadcast[MB]

- [View posts on Telegram](#)
- [View posts on Mattermost](#)
- [Request Posts on the MB](#)

Not on Mattermost? Requests Posts on the RB and MB by emailing:

xr-action@protonmail.com

Before requesting posts for either the RB or MB, **please read:**

- [Movement Broadcast Process 2022](#)
- [Style Guide](#)

XRUK Talks and Training Facebook Events

XRUK website Events page