

# The Foundation Programme [Integrator Handbook]

The Foundation Programme has been designed to do a lot of the onboarding work for you! Invite your new rebels to take part.

Please see [The Foundation Programme book on the Rebel Toolkit](#) for the information that students receive on applying.

The programme comprises :-

Zoom trainings

Selected reading and e-learning

Support, help and guidance from the course directors

[Send your new team members this link to apply.](#)

We have received positive feedback from our students:-

“Very informative and very welcoming”

“I was inspired and motivated by this course”

"I found the course very useful as a grounding to XR ( I wish I had done it earlier, I would have been better prepared for some actions) and to help me find where I could contribute in the working groups."

"having now started to engage with SOS (Self-Organising System team), I see that a lot of the training I did has put me in a very good position to understand most of what's going on in meetings".

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