

# Follow up information for people who have completed the NVDA course

N.B. This information is for you if you have attended one of the twice monthly online NVDA talks.

We will have referred to follow up information at key stages in the session.

## **Hello Rebels!**

Thank you so much for coming to the Non Violent Direct Action training. It is one of the foundations that you need to be a part of XR and we hope that you found it informative and thought provoking.

As promised, here is a list of all the information mentioned throughout the training, plus some more resources.

We mentioned in the training session that this is a very comprehensive resource; please take your time working through it. Or you can find the element that intrigues you and dive right in.

## **Training Material.**

Slides for participants- to follow...

Script Sections for Participants- to follow...

Here's what we aim to do in XR UK in 2023-2024. [What next?](#)

Upcoming [Events](#)

[Information](#) on campaigns, events, local groups, community groups and resources.

Sign up [here](#) for the latest XR news.

Or just scroll down to the bottom of the page of any of the links above to sign up to our newsletter.

We often use Telegram which is a phone and desktop app. To download the Telegram app - go to either the App Store (iPhones) or the Play store (Androids) and search for Telegram, download it

and create your account. You will then be able to click on the links below and join the suggested groups.

For questions and chatting to other [newrebels](#)

For key UK-wide messages on actions and rebellions. [Rebellion Broadcast](#)

For key UK-wide messages on talks, training & workshops, and internal information. [Movement Broadcast](#)

If you want to [rebel online](#)

### **Affinity Groups.**

What are Affinity Groups, how do they work and how do I join one? AG's make XR - get yourself into one!

[Affinity group Video](#) shared in the session.

### **Key reading.**

How Things Change-[readings videos and resources](#)

Extended non-cooperation. Want to [learn more](#)

### **Extinction Rebellion's relationship with police**

Find out about the UK legal risks and implications of protests from [informed dissent](#) and [green and black cross](#).

For Scotland see [SCALP](#)

### **Further talks, training & workshops mentioned in the session.**

Please visit the XR UK Website [Events page](#) to find out about all talks and training sessions.

Talks and trainings may also be provided by local groups. They are advertised in many places online so keep an eye on XR Regional websites and XR Facebook pages.

There is also training on [YouTube](#).

If you cannot make it to any of the zoom sessions check out our [Rebellion Academy](#) for on-demand, interactive content on everything to do with XR.

**Know Your Rights** This video has been developed by people with a background in the law and related to the new Public Order Act 2023 . **It is essential watching for anyone taking part in an action, whether or not they plan to risk arrest.** You can watch it in sections and there are links to written resources.

For training reflecting the law in Scotland see SCALP above..

When online Q & A sessions or Legal Briefings are organised, they are usually advertised on XR UK Events page (see link above).

**De-escalation training.** Non-violence is one of the core principles of XR and being able to de-escalate situations and maintain non-violent protests is essential. Check out the Facebook page for upcoming events or the [events page](#).

**Oppression, movement building and our relationship as activists.** [OMBRA](#) is an online, interactive workshop exploring how movements can be divided when oppression is not addressed. It offers practical tools to heal these divisions when they affect our relationships as activists. See our main event page for more information.

**Self-Organising System.** In XR we use a [Self-Organising Systems approach](#). It allows us to coordinate at any scale in a highly organised way without anyone being in charge. It also allows us to be autonomous while remaining accountable and not taking power over others. It is designed to survive the upheavals of changing circumstances and government intervention. How does SOS work? How are decisions made? Keep an eye on the XR UK Website Events page (see link above) or your regional channels for SOS workshops.

We thank you from the bottom of our hearts for choosing to rebel with us, and we hope to see you on the streets sometime soon.

We wish you well on your rebel journey.

In love and rage

The NVDA team

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