

# What to do if you registered but were unable to join the NVDA session

**Sorry that you were unable to come to our Non Violent Direct Action training session.**

NVDA is one of the foundation blocks for your rebel pathway and our training sessions are very interactive, enjoyable and include regular breaks.

We always strive to be accessible and inclusive and we understand that there are many reasons why people might not have been able to make it to a planned training session. Here are some options for you to consider-

## **If you are new to XR**

First of all, you can [re-book](#) a place at a future NVDA session' or look on Facebook [here](#)

You can attend one of our **Welcome to XR sessions**

You can [visit our Rebellion Academy](#) and learn what kind of rebel you are and follow learning suggestions from there.

Not sure how to Help? Here's a Way to [Find Your Place](#) in our **Foundation Programme**

If you want to know **what's going on in your region** or where your local group is [check out this map](#)

And you can sign up to the XR email newsletter by signing the form at the bottom of the above linked pages

## **If you are already a rebel.**

You can [rebook](#) a place at one of our twice monthly NVDA online sessions. Or you can look on [Facebook](#). Your region may also have a Facebook training and events page.

If you find yourself at an action before you have managed to do the NVDA training, look out for a **Street Speaker** who will be giving an abridged version. Also look out for people giving out bustcards.

If you want to ask us questions about the NVDA training, or if we can make it easy to get to a future event please contact us at [eventsxr@gmail.com](mailto:eventsxr@gmail.com)

We hope to see you at one of our future sessions.

Love and Rage

NVDA Trainers crew

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