

Looking Forward

When rebels and groups begin to once again grow their energy after rebellion, the next steps are to solidify relationships and return to visioning. Energetic rebels can get involved in campaigns and the group can take their next steps on their path of growth and connection. Looking Forward has been created to support the next steps a rebel and a group can take to build and support the movement.

- [Connections & Forging new Relationships](#)
- [Visioning](#)
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Connections & Forging new Relationships

The strength of any community depends on good relationships built on trust, cooperation, caring and resilience.

Extinction Rebellion recognises that discrimination and lack of awareness operate systemically to divide us, whether that discrimination is based on gender, ethnicity, religion, class, ability, sexual orientation or other characteristics.

Extinction Rebellion is committed to addressing the links between ecological and climate collapse, and social and economic injustices. We recognise that it is marginalised communities who are consistently on the frontlines of fossil fuel extraction, climate change, and ecological crises.

When Extinction Rebellion speaks of collapse and catastrophe we acknowledge that this is already a daily reality for many people, particularly in the Global South where the majority of the world live. We name this for what it is - an emergency. We keep this reality in mind and heart in designing our movement and our political and action strategies.

We move towards a fairer and more regenerative future by enriching others and being enriched by them. We have much to learn (and unlearn) from alliances with other communities who have long been working on anti-oppression, environmental, ecological and other social justice issues internationally. Only good things can come from our joining others with respect and humility, learning from each other, and working collaboratively to build the regenerative future of our dreams.

Resources

- [Guidelines for mapping community and relationship with others](#)
- [Supporting connection and relationships with other movements](#)
- [Solidarity guidelines](#)
- [Global XR mutual support twinning program](#)

Visioning

Hopes & Dreams

XR principle and value number one declares that we have a shared vision for change.

This asks all rebels and activators to reach for their wildest dreams for the impossible? restoration and repair of our relationships, our humanity and Earth's abundance.

Let's ask ourselves: What will it take for humanity to become a regenerative presence in the community of life on Earth?

Beginning today.

- What does it look like to be your most authentic, bold and loving self?
- What is your truest most beautiful imagining of the future?
- What do you need for the flourishing of what you love?

Imagine your vision, intend for your vision, hold faith in your vision, love your vision and then act in the becoming of your vision.

"Because of the interconnectedness of all minds, affirming a positive vision may be about the most sophisticated action any of us can take." **Willis Harman**

What's next?

Visioning and imagining a future we want to live in is our first step in creating it. As a movement we are continually strategising, planning and growing. But before any of that can happen we must dream and create a culture of dreaming.

- **Strengthen your visioning muscles** - Make daily space (2-5 mins) to imagine
- **Share your vision** - write and speak of your vision
- **Listen for the vision** of people who are like you AND not like you
- **Act in alignment with your vision** - be that future you imagine
- **Strategise and design** - actions that are constructions of a shared vision
- **LOVE** like you've never loved before!

Ongoing Rebellion

We recognise that although some rebels will need to rest and recuperate after a large Rebellion or surge of actions, others are energised by Rebellion and are itching to dive into more!

It is also true that rebels will work through the Post-Rebellion process at varying rates. It may be that your group is resting but you have energy! Often these mismatching experiences can lead to frustration without an outlet.

We therefore want to provide resources for rebels who speed through this stage as we have many ongoing campaigns which need attention!

Check out our current campaigns:

[Trust the People-v1.2.jpg](#)

[Climate and Ecological Emergency-Bill-v1.jpg](#)

[Citizens Assembly Advocate-v1.jpg](#)

[XR Co-liberation-v1.jpg](#)

[Digital Rebellion-v1.jpg](#)

[Money Rebellion-v1.jpg](#)