

# ACTION rebel

As an Action Rebel you want to be involved in arrestable or non-arrestable direct action, either through participation or taking on a support role. You could also think of Action Rebels as protestors.

“ **Principle 4: we openly challenge ourselves and our toxic system.** We ‘own’ our personal actions and stand up to explain why what we do is necessary.

“ **Principle 9: we are a non-violent network.** We use non-violent methods as the most effective way to bring about change.

## Join an Action!

Details of XR actions can be found through our [Rebellion Broadcast](#) on Telegram or Mattermost and also through our website [events](#) and [campaigns](#) pages.

## Affinity groups (AGs)

These are civil disobedience support groups - a powerful way of taking action together. They contain a minimum of 4 and ideally between 8 and 12 people. AGs can join with an XR mass action or arrange one of their own. They are completely autonomous.

## Guidance and Support

- [Rebel Agreement](#) - all rebels are asked to follow this guide to behaviour at Actions.
- [Informed Dissent](#) - activist legal rights website (England & Wales)
- [XR's Legal Strategy](#) (as it applies to Actions)

### Key training:

- Nonviolent Direct Action (NVDA): Essential for anyone who wants to take part in direct action, whether or not you are prepared to be arrested. Covers parts of an action, support roles, de-escalation, being arrested.
  - [NVDA](#) (T&T)
  - [NVDA](#) (RA)

- [Know your rights](#) (T&T): Aims to encourage safe protest. Covers your legal rights, interacting with the police, prejudice in the criminal justice system, how to limit risk to yourselves and others.

**Further training:**

- [Range of topics](#) (RA) e.g.
    - Action Design; Action Planning (see also [Guide to Planning Effective NVDA](#))
    - Arrest Support (see also [Arrestee Support Training Calendar](#))
    - Planning for Arrest
    - De-escalation: interacting with the public, how to deal with angry people
  - [Embedding Nonviolence](#) (T&T)
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