

# How we learn from one another

**Principle 5: we value reflection and learning.** We never know how things will change, so we try to stay open and flexible, to experiment and to learn from what we do. This helps us work out how to be as effective as possible. We value feedback and aim to both give and receive it with grace. We share our experiences so we can learn from one another.

## Key training:

**Welcome to XR** (T&T) : This live zoom training covers many of the same things as our Rebel Starter Pack but gives you the chance to meet people, ask questions and join the 'New Rebel' Telegram chat for help, support and connections.

We have three main ways of learning:

## 1. Rebel Toolkit (RT) – public resource library

- a public website where we share our resources.
- anyone with a Hub Login can add their contribution.
- **Toolkit Training** (RA)

You are on the Rebel Toolkit right now; click the logo on the top left to start exploring!

## 2. Rebellion Academy (RA) - e-learning platform

- self-learn interactive courses on a wide range of topics.
- each training has written and video content which will guide you through the key points and ask you some questions at the end.
- take things at your own pace; leave and come back when you like.

## 3. Talks and Trainings (T&T) – live, or live-online training

- Zoom training, talks and workshops on a wide range of topics.
- connect with others, ask questions, give input.

*On the following pages, we list training for particular tools or roles (marked RT, RA or T&T to show you which type it is).*

