

# SUPPORTER rebel

As a Supporter Rebel you may not want to attend actions, or have regular time for a role in a group, but you still support what Extinction Rebellion is doing. You may want to learn and talk about the crisis or help in other ways.

## Donate

Follow the link to donate to XR UK, XR UK Legal Defence Fund or XR Global Support.

## Talking with friends and family

Educate yourself about the Climate and Ecological Emergency (CEE), and help educate and involve others. Here are some resources to help you:

- [Crisis quiz](#): how much do you know about the CEE? You may be surprised!
- [Emergency on Planet Earth](#) (Dr Emily Grossman supported by XR scientists)
- Invite people to a [Welcome to XR](#) meeting or an Action.

## Support us on Social Media

Social media is a crucial tool in getting our message out. Follow the link to see how you can boost our posts so that they are seen by more people.

## Support our Current Campaigns

You can support many of these campaigns from home in your spare moments:

- CEE Bill: put pressure on your MP to support the bill
- Money Rebellion: get involved in tax or debt disobedience
- TruthTeller: whistleblow anonymously to expose environment-damaging companies
- [HS2 Rebellion](#)

Join our [Digital Rebellion telegram channel](#) for a range of actions you can take digitally.

## Other ways to support us

- Switch your energy suppliers and bank and write to tell your old company why their poor environmental policies lost your business.
  - Bring food to local actions to show your appreciation!
  - Open Homes: offer accommodation to rebels (short or long term).
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