

# Introduction

The science is clear: we face an unprecedented **climate and ecological global emergency**.

**Extinction Rebellion (XR)** is a worldwide movement using nonviolent civil disobedience to force institutions to act on the crisis.

This pack is your introduction to Extinction Rebellion UK: our goals, the principles we stand for, our ways of working. But most importantly, it's your guide to taking part.

>> [NEXT PAGE: What is the Climate and Ecological Emergency](#)

>> [Back to Rebel Start Pack CONTENTS](#)

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