

# What to bring with me as a Steward

[Stewarding-Zoom-Banner-640x200.png](#)

## Things to check before I arrive

Have I installed and checked the communications App on my phone? [Telegram](#) or [Signal](#)

Have I installed and checked [What3Words App](#) on my phone?

Do I know what time and where we are meeting?

## What to bring with me

Comfortable Shoes

Clothing Layers

Water bottle

Food container and utensils

A-Z Paper map (ebay)

Notepad & Pencil

Earplugs, samba can be very loud if you are stewarding near them

Phone

Power bank for your phone, charging points are hard to find

Avoid large umbrellas but small foldable ones can be useful in a rucksack to shield injured people

Your Pink High-Viz if you already have one

A badge (or stick on labels and Sharpie pen) to write your name on

A small bag, or better still a small rucksack to hold supplies

## Where to store stuff

There is often nowhere secure to store anything during events. If you have small items, it's best to carry them with you. Alternatively, there are several companies that have many sites across London where you can store a bag for 24hrs (for a fee). If there are several of you together, try packing everything into one bag - you only pay once.

We are not affiliated to any of these sites and don't recommend any particular company:

[Radical Storage](#)

[Stasher](#)

[Bounce](#)

If you know of others, please add thme to this list or let us know.

## **Useful if you can print beforehand**

[Bust Cards](#) - small cards to explain to people what to do if they, or someone they know, gets arrested

[Specific TBO London Bust Cards](#) - small cards to explain to people what to do if they, or someone they know, gets arrested

[Signup to be a Steward on XR Action Network](#)

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