

# In Person Community People's Assembly

## Important Things to Consider

Before you attempt to facilitate a People's Assembly, please make sure you have at least attended one! But remember: it's not rocket science. Give it a go! You'll be great!

This script is just a starting point. As you do more, you'll figure out your own way of saying what's here. Don't feel that this is the only way in which a People's Assembly can be facilitated, although this method is based on many years of experience in PA's by people from all over the World.

Other things to note:

- The two facilitators should be of different genders if at all possible.
- Ensure radical inclusivity! Allow time at the start of the assembly to get everyone familiarised with using the tech. Think about the language you are using. Is it academic or vernacular? Are you communicating in a way that speaks to everyone within your community?
- Remember that all voices are valued equally. Trust the process, and allow all people to speak, even if you are not sure you're going to like what you hear!
- We welcome all people, but not all behaviours: if someone says something that makes you feel uncomfortable (i.e. they may have been racist or sexist), then name the feelings triggered by that behaviour...for example, "what you said just then made me feel very uncomfortable". Do not judge the person: saying "you are a racist" or "you are a sexist" or whatever in this situation is more likely to lead to an escalation, and is likely to put the person into a defensive mode that will make further conversation more difficult.
- People's assemblies are widely used in action groups and civic democracy groups. For example, the Extinction Rebellion [People's Assembly Manual](#), provides loads more hints, tips and background information on PAs.

## Input Phase

### FACILITATOR 1: Introduction

- Welcome everyone.

**Facilitators introduce themselves, perhaps say a little of your background and experience with PA's and Community Organising or Projects - Brief but inspiring! If you want to bring people into the space, perhaps do a short visioning exercise, inviting people to imagine something or think about what brought them to the space.**

- Explain that People's Assemblies have three 'phases':
  1. Input (includes introduction)
  2. Deliberation (discussion)
  3. Integration (Feedback)

### **Input Phase**

During the input phase, we explain the process and structure of the assembly, we introduce the hand signals, and frame the focus of the assembly, as well as what will happen with the outcomes from the assembly.

(If you are having more input here than just presenting the topic for discussion, such as speakers, video etc you will explain that here too)

### **Deliberation Phase**

During the Deliberation (discussion) phase, you will be placed in small groups for [insert chosen length of deliberation phase] minutes and discuss the question/topic of this assembly.

### **Integration Phase**

At the end of the Deliberation phase, the groups will come back into the full assembly and feedback what was generated in their small discussion group.

## **Facilitator 2: Hand Signals**

(Demonstrate the hand signals used in assembly to allow people to use them during the introduction and input phase of the assembly.)

We use hand signals to facilitate a discussion in which all voices get heard, no one dominates and we don't speak over each other. We will outline the hand signals you will need to take part today. Don't worry if you can't remember them as they will be repeated later in the session.

### **HAND SIGNALS**

(As you verbally outline the hand signals, physically show them to ensure people fully understand them).

- **Make a point:** One index finger pointed upwards.

- The facilitator will stack, but they can choose to stack out of order to ensure RADICAL INCLUSIVITY and ensure all voices are heard.
- **Agreement:** Wavy hands for agreement.
  - This is to help note taker, who can record the level of agreement, and to make sure people are not interrupting others...remember it's all about ACTIVE LISTENING.
- **Clarification:** Create a c shape with one hand.
  - This is to ensure all are able to fully participate. It is useful if people do not understand anything, particularly important if unfamiliar terms and acronyms are used.
- **Direct point:** Two index fingers pointing upwards.
  - This is not for responding, this is just for extra added information that is directly relevant to what is being said – people must be careful not to misuse this to jump ahead in the queue!
- **Technical point:** Create a t-shape with your hands.
  - This is used for technical information such as breaks or timings.
- **Round up:** Create a circle with both hands.
  - Do this after 2 minutes to make sure that those who are more comfortable speaking don't go on and on...remember: RADICAL INCLUSIVITY.
- **Speak up:** Move your hands upwards with their palms facing upwards.
- **Temperature check:** Jiggle fingers at a level that corresponds with feelings i.e. upwards - support, horizontally - ambivalent, downwards - don't support. This can be used to quickly check the feelings of the group.

## FACILITATOR 1: Introduce the concept of a People's Assembly

### What is a People's Assembly?

A people's assembly is a structured way for a group of people to discuss issues, generate ideas and/or make decisions collectively in a manner in which all voices are heard and valued equally and no one person, or group, is able to dominate the process.

People's assemblies are 'self selected' meaning that anyone can choose to take part. They are not to be confused with Citizens Assemblies which are randomly selected from the population by the process of Sortition, to make sure it is representative in terms of key characteristics such as gender, age, ethnicity, education level and geography. Citizens' Assembly members would learn about critical thinking before they hear balanced information from experts and stakeholders. They would then spend time deliberating in small facilitated groups, similar to the break-out groups we're going to use in this People's Assembly.

People's Assemblies have been used throughout history and all over the world as a means to enable people to come together and achieve real social change:

- In Ancient Athens, for example, a people's assembly known as the ekklesia, which was open to all male citizens regardless of class, was where major decisions such as going to war, military strategy and the election of public officials were made.

- More recently, in Rojava, Kurdistan, people's assemblies have been at the centre of a democratic revolution. Decisions are made by the community, and the role of the elected representatives is simply to carry out these decisions. The community itself is the seat of power.
- In Spain, the Spanish municipalist movement, known as the Indignados or 15-M movement, used PAs to discuss and protest against the government's austerity policies. At the movement's peak, 80 assemblies were being held each week alone in Madrid.
- In 2014 the Y'en a Marre movement in Senegal helped oust the incumbent and corrupt President by mobilising the youth vote using people's assemblies and hip-hop.
- Closer to home there are the examples of Frome, Torridge and others, all of which are councils that have been reclaimed to some degree by residents in local elections. When councils are run by residents we see decisions get made that prioritise the needs of that community. To give a couple of brief examples, Frome has a Library of Things. This came from a small start up grant of £9000, which enabled over 300 things such as power tools, musical instruments, to be gathered for the whole community to borrow for a small fee. They also repurposed derelict buildings, solar panels sprung up everywhere, a local NHS initiative to prescribe volunteering plus the councils investment in civic and volunteer groups, this led to a 22% reduction in A&E attendances.

### **Inclusivity Statement:**

Before we start a People's Assembly, we like to read out this inclusivity statement:

"We value all voices equally in the assembly, as the aim is to hear the wisdom of the crowd gathered here and not to have the assembly dominated by individual voices or groups. We recognise that confident speakers are not always right and that those who are not confident speakers will often have the most useful ideas or opinions to put into the discussion. This is why we value all voices equally and we ask you to do the same. We do not tolerate any calling out, abuse or shaming. We welcome all people but not all behaviours."

We want to hear your voice, if you want to speak, no matter what. Whatever age you are, wherever you are from and whatever you do.

The whole process will take about an hour and a half\*, and we'd love you to stay for the whole of that, but feel free to go or come as you like or need.

(If you have the time, it's good to do a TESTIFY at this point. It'll add about 15-30 minutes to the overall length of the PA, but gets people talking about why they are at the PA before the main section of the assembly...)

### **Testify**

Before we get into the section of the People's Assembly where you will all be able to talk through our specific issue in a facilitated way, we first like to give anyone who would like an opportunity to

talk about what has brought them here today.

QUESTION: What has brought you here today?

- Offer the floor to anyone who wants to speak. Ask for a woman to speak first (to ensure that we don't have a succession of men, men and more men).
- Allow as much dead air as is necessary for people to build up the courage to come and talk!
- FACILITATOR 2 is timing and doing the 'round up' signal as necessary.\*
- \*After 15-30 minutes, move into the remainder of the PA...

## FACILITATOR 2: The Three Pillars

A people's assembly differs from debate where one person is 'right' and the other is 'wrong' and from the typical discussion or conversation where people have a tendency to dominate with questions and interjections. The assembly allows each participant to be held with respect and full attention - and no judgement - whilst sharing from the heart and for each participant to get a turn.

It's ok not to actively share too. Witnessing the sharing of others' feelings and experiences is as important as expressing one's own.

In an assembly, the focus is on personal feelings and experiences. Each speaker is encouraged to say 'I' - rather than 'we' or 'they' whilst sharing with others.

This can be encapsulated within the three pillars, which are:

### THREE PILLARS:

- **Radical Inclusivity:**

1. Effective assemblies achieve radical inclusivity, where the emphasis on all being heard and valued equally means no voices are dominating and the collective wisdom of the assembly can be reached. People can participate safely and openly, without fear of judgement or ridicule.
2. For those who often speak up in situations like this, think WAIT...Why Am I Talking - try to say only what is needed.

(Radical Inclusivity also means being aware of potential barriers to engagement and working with those affected to enable participation. Think about disabled access, sign language, whisper interpretation for those for whom English isn't their first language and other possible means by which those barriers can be removed. Ask at the start of an assembly if there are any barriers to engagement that people need to identify and then request that the group work together to find ways to remove them.)

- **Active listening:** It is easy to start mapping out in your mind what your response may be while someone is still talking. Active listening is focusing on hearing someone all the way through before developing your responses. Assemblies are not an arena for intellectual

jousting or point-scoring but a place that recognises that no one person or group holds all the answers and that through the wisdom of the crowds we achieve powerful intelligence about the core issues being discussed.

- **Trust:** We need to trust the process/facilitators/other participants. This is not a perfect system! It is only effective if we all trust the intentions of the people in the room – if we work in humility and accept that our ideas may not be the best ideas – and we work towards the best decision for everyone.

## FACILITATOR 1: Framing the Topic - What is the aim of THIS people's assembly?

### BACKGROUND

Frame your assembly here:

- *Why has it been convened?*
- *What are the aims of this assembly?*
- *Where will the results of this assembly go and what legitimacy do they hold?*
- *Is it a decision making assembly? Is there a yes or no answer that needs to be generated?*
- *Is it to generate ideas or feedback? Where will these go and are they recommendations that will be acted upon or are they feeding into a wider discussion?*

### QUESTION(S)

State your question or topic for discussion clearly here, and if possible write it up in the exact wording you use somewhere that will remain visible to all participants throughout the assembly.

Always ask for any clarifications at this point, and be open to working to reword the question/topic if needed. You can ask for a 'temperature check' here to make sure the assembly agrees with the proposed wording.

A good question is worded in accessible language, not too long, and is broad enough to allow for free discussion, but not so broad that a structured conversation around it is difficult. Likewise a very specific question won't generate a very diverse response.

For example, if you would like to engage people around the topic of buying local produce, you might ask:

- *'Should we start a Food Hub?'*

This question is very narrow, and really requires a yes or no, so it is unlikely to generate a lot of great ideas.

- *'How can we improve access to local produce?'*

This question is broader, still focused on local access, gives scope for creativity. 'What can we do to reduce food miles?' - Too broad, this could encompass all manner of different approaches and likely

to lead to the conversation jumping from local to regional to national issues.

## Deliberation Phase

### FACILITATOR 2: How does a People's Assembly work?

You will discuss the PA question in breakout groups of 8-10, then feedback to the entire assembly.

Each group needs a facilitator and a note taker:

- It is the role of the facilitator to ensure that all voices are heard (radical inclusivity). To do this, allow two minutes per statement (maximum) and if people go over, give them the round up symbol.
- It is the role of the note taker to make notes on what is discussed, and to share their group's key points of discussion in the integration phase i.e. when all of the groups have returned to the assembly.
- When the note-taker is taking notes, they can do so in bullet points for ease of recording. Try to capture exactly what someone means, rather than adding any personal interpretations.

Use the hand signals to communicate in your groups and to ensure radical inclusivity. *(recap hand signals here)*

- **Make a point:** One index finger pointed upwards.
- **Agreement:** Wavy hands for agreement.
- **Clarification:** Create a c shape with one hand.
- **Direct point:** Two index fingers pointing upwards.
- **Technical point:** Create a t-shape with your hands.
- **Round up:** Create a circle with both hands.
- **Speak up:** Move your hands upwards with their palms facing upwards.
- **Temperature check:** Jiggle fingers at a level that corresponds with feelings i.e. upwards - support, horizontally - ambivalent, downwards - don't support.

10 minutes before the end of your allocated time, the note-taker should summarise the group's notes, then use temperature checks to identify the points that have the most support or acceptance.

The group should then work together to reach agreement on the main points to feed back to the Assembly.

*Decide how you want the feedback to happen. For larger assemblies ensure each group has fewer points to feed back verbally.*

\*Then decide what you will do with this feedback. Will the main assembly note taker make note of the most popular points? Or will the note takers from each breakout group give written points to the assembly Facilitator/Notetaker?\_

*Potential integration structures - select the most appropriate:*

- *We would like the notetaker to share the top [insert number here] points with the whole assembly after we reunite as an assembly.*
- *Or if time is tight or the assembly is huge - We would like the notetake to share 1 sentence or 10 words to the whole assembly*
- *If there is no time for verbal delivery - We would like 3 key points delivered in writing*

*Ask for clarifications on the process and then restate the questions being discussed.*

G000000000000000000!

### **Discussion (25 mins or whatever your allocated time is)**

*After 25 minutes, warn groups that they need to round up: they have 10 minutes for...*

- Their note takers to read through the notes they have taken
- To choose the three points (or however many you are asking for) which had the most support. This process is facilitated as well.
- Prepare the feedback for delivery by whichever method you stated at the start - Either for verbal delivery in the main group, added to the Harvest doc, or summarised into a short sentence etc]

## Integration/Output Phase

### FACILITATOR 1: Ending

- **Feedback (15 minutes)**
- Note-takers to deliver feedback, *(or whatever form you have decided the feedback will take)*
- Remember to get the names of the people giving feedback, and show appreciation.
- Thank everyone for participating. Then explain what will happen to the results of the assembly, including any possible 'next steps' that people could take, or plans for further assemblies.
- *(at this point you can offer space for 'shout outs' - 'Shout Outs' are an invitation for those gathered to call out brief notifications such as upcoming meetings or events. These should be short and arranged with the facilitators beforehand if possible. This should take no more than 10 mins)*
- Close the assembly and ideally let everyone know when the next assembly will be if appropriate.



# Appendix 1 - Dealing with Difficult Interactions

**A collection of thoughts and ideas on how to approach difficult interactions and behaviours:**

- Stress that *“we welcome all people, but not all behaviours”*.
  - Move in when people are interjecting, challenging or talking too much.
  - Make it obvious that we need to have equal sharing and hear of others.
    1. *“The points you are making are really interesting and important but it is also important to hear from other people here.”*
    2. *“There is always a danger that the we only hear from the most confident voices - let's make sure that we also hear from the people who haven't spoken so far”*
  - Thank people for their input and seek the positive intention of their behaviour (what are they seeking to achieve that is positive?)
  - Remember, discussions can be won by people who make the most noise. Your job is to ensure all voices are heard.
  - Explain the situation
    1. *“I am conscious of time and our agenda - what is the final point you want to make?”*  
*Radical inclusivity - we want time for everyone.*
  - It's important for people to feel listened to without interrupting.
  - You can offer to talk to them in more detail in a break or afterwards. If you need someone to behave differently it can be an expression of Radical Inclusion to connect with them in a break or afterwards to keep in relationship with them.
  - Sometimes with someone who is very unconsciously in need of attention and can't be satisfied with a short interaction, avoiding eye contact may keep them quiet or let them know they have been talking for too long.
  - If necessary, overtly clarify the objectives of the session again and what is needed to achieve those objectives.
-